

# Disaster Preparedness Calendar

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Identify a storage area for your emergency supplies</li> <li>Date perishable supplies</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>Container(s) to store and easily transport your emergency supplies</li> <li>2 gallons of water**</li> <li>7 cans of nonperishable food*</li> <li>1 manual can opener</li> <li>Permanent marker</li> </ul> <p><i>Additional:</i> pet food, diapers, baby food</p> <p>* One per person ** One per person and pet</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Identify an out-of-state contact to coordinate information for separated family members</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>Roll of duct tape</li> <li>Two heavy duty/LED flashlights with batteries</li> <li>Pen and paper</li> <li>Map of your local community</li> <li>Compass</li> </ul> <p><i>Additional:</i> Extra pet leash and/or pet carrier, duplicate ID for pets, photos of pet(s)</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Identify at least two places to meet after a disaster; one immediately outside the home, and a second outside of the neighborhood</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>2 gallons of water**</li> <li>6 cans of nonperishable food*</li> <li>2 weeks of feminine hygiene products and/or adult incontinence supplies</li> <li>Hand sanitizer</li> </ul> <p>* One per person ** One per person and pet</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Develop a home fire escape plan (see p. 30)</li> <li>Test your smoke alarms and verify they are working and less than 10 years old</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>Premade first aid kit <i>or</i></li> <li>Make your own kit (see p. 24)</li> </ul>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Practice your home fire escape plan</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>2 gallons of water**</li> <li>8 cans of nonperishable food*</li> <li>1 package of toilet paper</li> <li>Toothbrush* plus 1 extra</li> <li>Toothpaste</li> </ul> <p>* One per person ** One per person and pet</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Identify safe location(s) where you and your pets can evacuate to</li> <li>Develop a plan to transport pets and/or livestock</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>Emergency ladder for each bedroom higher than the ground level of your home</li> </ul>
Week 13	Week 14	Week 15	Week 16	Week 17	Week 18
<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Perform a home hazard safety check; secure hot water heater, bookshelves, pictures, mirrors, etc.</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>2 gallons of water**</li> <li>6 cans of nonperishable food*</li> </ul> <p><i>Additional:</i> sign up for CPR/First Aid/AED training.</p> <p>* One per person ** One per person and pet</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Ask about your children's school and/or daycare emergency plans.</li> <li>Arrange for someone to help your children if you are unavailable or at work</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>Pliers</li> <li>Screwdriver</li> <li>Hammer</li> <li>1 box of heavy duty garbage bags</li> </ul>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Identify additional supplies to create emergency kits for work and your vehicle(s)</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>6 cans of nonperishable food*</li> <li>Antacid tablets</li> </ul> <p>* One per person</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Review your insurance agent to verify you are covered for events that are possible in your area</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>Cash in small denominations (\$1 and \$5 bills)</li> <li>Matches in a waterproof/child-safe container</li> <li>Crank and/or battery-operated NOAA Radio</li> <li>Assorted containers with lids</li> </ul>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Photograph or video of all contents of home and send to a trusted out-of-town friend or family member.</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>7 cans of nonperishable food*</li> <li>5 rolls of paper towels</li> <li>Comfort food</li> </ul> <p>* One per person</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Setup a neighborhood preparedness meeting to learn about neighborhood readiness to respond when a disaster occurs</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>Extra cords for electronics</li> <li>Extra battery for cell phone</li> <li>Sleeping bag*</li> <li>Two changes of clothing*</li> <li>Seasonal jacket*</li> </ul> <p>* One per person</p>

# Use this calendar to get Two Weeks Ready

Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Develop a household earthquake plan, including safe locations to drop, cover and hold-on in each room of the home</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>2 gallons of water**</li> <li>6 cans of non-perishable food*</li> <li>Selection of favorite spices in containers or zip-lock bags</li> <li>Plate, cup, and bowl*</li> <li>Knife, fork, and spoon*</li> <li>Food preparation utensils (spatula, large spoon, and kitchen knife)</li> </ul> <p><i>Additional:</i> Extra baby bottles</p> <p>* One per person ** One per person and pet</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Identify an out-of-state contact to coordinate information for separated family members</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>2-weeks of prescription medications*</li> <li>Extra pair of prescription glasses or readers*</li> <li>Contact lens*</li> <li>Contact lens solution</li> </ul> <p><i>Additional:</i> Verify all pet vaccinations are current and obtain copies of pet's medical records. Gather 2 weeks of prescription medications for pets.</p> <p>* One per person</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Identify utility shut-off and teach household members how to turn off the utilities</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>2 gallons of water**</li> <li>6 cans of non-perishable food*</li> </ul> <p>* One per person ** One per person and pet</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Practice your home earthquake plan, including evacuating your home.</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>Pry bar</li> <li>Wrench to turn off utilities</li> <li>Whistle</li> <li>Emergency blanket*</li> <li>Extra batteries for flashlights</li> </ul> <p>* One per person</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Create a written list of important contacts</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>2 gallons of water**</li> <li>6 cans of non-perishable food*</li> <li>1 box of high-energy snacks</li> </ul> <p>* One per person ** One per person and pet</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Make copies of important documents and put them into the waterproof container</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>Portable waterproof container with lid</li> <li>Small sewing/mending kit</li> <li>Disinfectant spray</li> </ul>
Week 19	Week 20	Week 21	Week 22	Week 23	Week 24
<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Download the Red Cross Emergency App and set it up on your smart device</li> <li>Sign-up for local community emergency notifications/alerts</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>8 cans of non-perishable food*</li> <li>2 large cans of juice*</li> <li>Box of facial tissues</li> </ul> <p>* One per person ** One per person and pet</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Develop a sanitation plan for your household to address hand washing and toileting</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>2 five-gallon buckets with lids</li> <li>Plastic sheeting or tarp</li> <li>Activity box with games, books, puzzles, etc.</li> <li>Bleach and an eye-dropper</li> </ul>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>To help emergency responders locate your home, make sure your driveway and home is visible and your house number is clearly marked</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>8 cans of non-perishable food*</li> <li>1 bag of nuts</li> </ul> <p>* One per person</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Prepare your home for the change in seasons. Make sure fire places/heaters are cleaned before winter and remove flammable material away from the perimeter of your home</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>Plastic cling wrap</li> <li>Aluminum foil</li> <li>Utility knife</li> <li>Durable work gloves*</li> <li>Disposable dust mask*</li> <li>Safety goggles*</li> </ul> <p>* One per person</p>	<p><b>Make a plan</b></p> <ul style="list-style-type: none"> <li>Identify alternative sources for accessing, sanitizing or filtering water and add to your plan.</li> </ul> <p><b>Build a kit</b> Gather:</p> <ul style="list-style-type: none"> <li>8 cans of non-perishable food*</li> <li>2 rolls of paper towels</li> <li>1 box of high energy snacks</li> </ul> <p>* One per person</p>	<ul style="list-style-type: none"> <li>Begin rotating water and food that was purchased in week 1.</li> <li>Check the storage area for your supplies is safe and dry. Continue rotation of supplies each month to keep supplies fresh.</li> <li>Review planning steps and update plan as appropriate.</li> </ul>